



## The Friary Newsletter, August 2024

Summer's in full swing at the Friary Drop-In Centre

**Sponsor our Robin Hood Half Marathon Runners**

[Donate](#)



# Welcome to the Friary

The latest news and events, direct from our Drop-in Centre

# THE FRIARY'S BARGAIN SALE

Clothing, jewellery, electronics, bric-a-brac  
Homemade cakes and refreshments



£1 ENTRY



AUGUST  
10TH 2024



10AM -  
12PM



46  
MUSTERS  
ROAD  
NG2 7PR

[www.the-friary.org.uk](http://www.the-friary.org.uk)

0115 982 5448

00

Days

21

Hours

36

Minutes

26

Seconds

Are you ready for our next bargain sale? Next Saturday August 10th we will be open and ready to go with some incredible deals on a wide range of goodies. From vintage clothing to electronics, as well

**as refreshments and homemade cakes, there's something for everyone at prices you won't believe!**

**Spread the word and invite your friends and family to join in on the fun. Trust us, you won't want to miss this - see you there!**

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### **The Friary's Allotment Project**

We've had a huge bounty to harvest at our allotment this month! We've been sampling potatoes, beans, beetroot as well as lots of fruit such as blackberries, raspberries and plums! The apples are still quite sour, but we look forward to eating them in a month or so. Thanks so much to Councillor Sara Dellar who stopped by for a tour of our sites during one of our Friary Allotment Project sessions.




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Thanks to everyone at the **Lady Bay Open Gardens** who showed their support for the Friary! Whether you hosted a garden yourself or just visited, we are very appreciative. We were also blown away by the creativity of the "Garden in a Wheelbarrow" entries, they were all so impressive! Looking forward to next year already.



# Rate us on Google Reviews!



**thefriarydropin**  
186 followers

[View Profile](#)

## The Friary Drop In Homeless Charity

46 Musters Rd, West Bridgford, Nottingham

**4.8** ★★★★★ 66 reviews  
Reviews aren't verified. ⓘ


People often mention

All donate 3 volunteers 3 family 3 atmosphere 2

Sort by

Most relevant Newest Highest Lowest

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 **Robert King**  
Local Guide · 120 reviews · 116 photos

★★★★★ 10 months ago

Awesome place, management and staff can't do enough to help those in need, they've turned the life around for so many, myself included, and made me realise I'm not alone or forgotten.

👍 1

[View More on Instagram](#)

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♡ 💬 🔖

**4 likes**  
[view all comments](#)

Add a comment...



## Robin Hood Half Marathon with the Friary

the Friary  
Working  
locally to end  
homelessness

# ROBIN HOOD MARATHON

29 SEPTEMBER 2024 | 9:30 AM  
START AND FINISH AT VICTORIA EMBANKMENT

SUPPORT THE FRIARY AS YOUR CHARITY PARTNER

SIGN UP AT [THE-FRIARY.ORG.UK/ROBIN-HOOD-MARATHON](https://the-friary.org.uk/robin-hood-marathon)

The banner features a blue background with white silhouettes of three runners. The text is in white and yellow, with the Friary logo in the top right corner.

In just two months, our runners will be embarking on the Robin Hood Half Marathon 2024. With this in mind, the Friary has started a new **Run Club** - you don't have to be a marathon runner to get involved, all abilities are welcome. We already have 30 members! Join us:

**When: Every Thursday at 6pm**

**Where: The Ferry Inn Car Park, NG11 7AA**

**What: All abilities welcome as we embark on a 5k run around the River Trent.**



If you're interested in running the marathon in support of the Friary, we have a limited number of **FREE ENTRY** codes - please register your interest [here](#).

Of course, if you're not up for the challenge yourself, you can still sponsor our runners on our [JustGiving page](#).

### **Meet the team - Charlotte**



**Charlotte is our Resources Manager; she ensures that the Friary has everything it needs to run smoothly on a day-to-day basis. You will usually find her in the stores of our Drop-In Centre.**

#### **How do you start the day?**

With a smile and a spring in my step.

**What does a day at work look like for you?**

donations from Wilford Lane Co-op. I make sure the coffee bar volunteers have everything they need to start the morning. Then I make and give out food parcels to our visitors, and do loads of laundry. After we close, I sort through any new donations and ensure our stocks are replenished with food, clothing and toiletries.

#### **What did you want to be when you were younger?**

I wanted to be a hairdresser - I would cut all of my friends' hair (not very well!)

#### **What do you do outside of work to unwind?**

I love to walk and I go to the Friary Run Club on Thursday evenings.

#### **What is my hidden talent**

I can do the splits.

#### **What do you hope to achieve in this year?**

I'd like to travel more.



It's busy. I start at 7 and pick up



# **BIKES FOR SALE**

Graham, a Friary volunteer, is an experienced cycle mechanic. He renovates bikes that have been donated to the Friary, and sells them, with all sale proceeds going to The Friary. All his bikes are in working order, and he lets you test ride them.

**0115 986 4342** 

<https://tinyurl.com/5xcmz6x7>

**Join Us!**



## Volunteer with us today

We always have a wide range of volunteer opportunities available.

Check out our current listings on our [website](#)

Sign up online today and make a difference in your community

Sign up

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## Thank you to our donors!

We couldn't have offered the services and support we do without the help of our generous donors and supporters. Thank you for everything you've helped us achieve this year.

Become a donor today or leave a gift in your will

Donate

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## The Friary Drop-In

46 Musters Road  
West Bridgford

Nottingham  
United Kingdom  
NG2 7PR



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